REASON FOR REFERRAL

We support children/young people's development in:

- School Performance & Participation (e.g., handwriting, fine motor skills,, playing sports, focus and attention, organisation, etc.)
- Play Development
- Self-care Tasks (following routines, dressing, eating, personal hygiene etc.)
- Social Skills
- Developmental Milestones

WHAT WE OFFER

- Comprehensive Assessment
- Individualised Therapy Sessions
- Group Therapy Sessions
- Multi-Disciplinary Meetings
- Tic Disorders Clinic
- Home Programs
- Parent Education
- School Readiness Checks
- Supervision & Training

CONTACT US

WEBSITE

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EMAIL

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ADDRESS

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OCCUPATIONAL THERAPY

BIRTH TO 18 YEARS
NDIS REGISTERED

Telehealth, In-Clinic & Outreach

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THERAPY FOR CHILDREN

WHERE WE PROVIDE SERVICES

- In clinic appointments
  Charlestown
  Merewether
  Toronto
- Outreach Services
- Telehealth Services

Occupational therapists assist children in overcoming difficulties with daily tasks or activities, which we refer to as 'occupations'.

We look beyond diagnoses and limitations to help children and young people achieve their hopes and dreams. We support children and young people in engaging in their everyday occupations, considering the challenges they encounter and their environment.

WHY CHOOSE STEPPING STONES THERAPY FOR CHILDREN?

Therapists use Evidence-Based Practice: Our practice is involved in research, and our therapists use evidence-based practice to guide therapy interventions and reach our clients' therapy goals.

Educational & Supportive Environment: In addition to providing therapy, we offer education to families, teachers, and children / young people and teach skills to foster a supportive community.

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THERAPY FOR CHILDREN

OUR CLIENTS

Stepping Stones focuses on supporting children & young people with neurodevelopmental disorders.
Including:

- Attention Deficit Hyperactivity Disorder
- Autism Spectrum Disorder
- Developmental Coordination Disorder
- Developmental Delay
- Children with PANS/ PANDAS
- Sensory Processing Challenges
- Tic Disorders & Tourette syndrome

We also provide assistance to children without a diagnosis, or NDIS funding who simply need additional support to achieve their goals and realise their full potential.